

BETTERMENT OF MIND

PSYCHOTHERAPY WITH CRISTINA AICHER, LLC LPC

Practice address: 1601 Walnut Street, Suite 1128, Philadelphia, PA 19102

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Good Faith Estimate - No Surprises Act

Patient Info

Name _

Date of Birth

Email:

Patient Diagnosis: Example F41.1 GAD

Date of Good Faith Estimate: 1/29/2022

Provider Name: Betterment of Mind, Psychotherapy with Cristina Aicher, LLC

Total Estimated Cost caveat: The nature of therapy makes it difficult to assess exactly how long treatment is needed. Some people titrate treatments from weekly, - to bi-weekly, - to once a month, once improvement starts to occur. Some people choose for various reasons (wish to improve independence, financial, time constraints etc) to terminate treatment as soon as some improvement is noticed. Because this is a voluntary service, it is really up to you, as a client, to determine how long you would like to continue therapy for. This is why Betterment of Mind can not estimate how many sessions you will choose to have in the future. The average length of treatment for this practice is 8-12 months, with weekly sessions. That being said, there are huge individual differences that contribute to this somewhat misleading average.

Insurance coverage: Betterment of Mind is not a practice that is In Network (IN) with any insurance provider. However, most of our clients who have out-of-network (OON) coverage insurance plans choose to submit the monthly "Superbills" (detailed receipts our practice sends out via email, summarizing all the paid sessions of the previous month) so they can get reimbursed by their insurance company directly. Most OON insurances reimburse between 60-80% of the session fees. However, please be aware that OON insurance does not kick in until the client has reached the deductible for that year. Our practice accepts HSA cards as payments, and all regular credit cards.

The prices of sessions at Betterment of Mind:

Individual Session (Procedure code 903837 - 50-60min session) with Cristina Aicher: \$190

Couples / Family session (Procedure code 90847 50-60min session) with Cristina Aicher: \$190

Individual / couples / family session with associates (Procedure code 903837, Procedure code 90847) \$165

CRISTINA AICHER

Your assigned therapist is ___Cristina Aicher, LPC_____ and we can estimate that for the next month you are on average having sessions ___4___ times.

The Summary of Expected Charges for the next month if treatment was to resume:

\$190 x 4 = \$760

Comments:

Provider name:

Betterment of Mind, Cristina Aicher

Address: 1601 Walnut st, Ste 1128, Philadelphia PA 19102

License number: LPC PC 008472

NPI number: 136-680-3660

Please reach out via email or phone if you have any questions about finances or need some clarification in how to navigate insurance reimbursement from your insurance provider.

All the best,

Cristina Aicher, LPC

